Softball Expectations

For our program to be successful, the following are the Martha's Vineyard Regional High School softball expectations. All players will be held to these expectations, please make sure you are familiar with them.

Academics

You are all STUDENT athletes. Emphasis on STUDENT. You must have at least a 70% in all your classes to be eligible to play softball. Coaches must review all student athlete's eligibility, and we are required to make sure you have a 70% in your courses to allow you to play. Let's make sure we all follow this requirement to not lose any athletes. Don't forget you have a free period available to you for you to get extra help if needed. Please use this time to get caught up.

Practices

All practices will be held Monday through Friday from 4 pm to 6 pm unless otherwise noted.

Practice is essential and the expectations are that athletes will be ready to go and ready to practice.

What does being "ready" for practice mean? This means players are ready to practice with their hair up, earrings removed (studs are okay), footwear on, and sports equipment available. Please also make sure you have plenty of water.

Practices are MANDATORY. We need everyone there to be successful and practice is how we learn the game and learn how to play the game together. If you are ill or have a medical appointment these are excused absences.

Attendance

If you do not make it to school, you are ineligible to practice. If you arrive to school after 8 am (without a valid excuse), you are not eligible to practice. You also must arrive to class on time. If you are late to class five times, you will not be eligible to practice.

IF YOU CUT A CLASS, YOU MAY NOT PRACTICE. Please do not let your team down by cutting class. We need every member of this team, and cutting class leaves your team without you.

Games

Please arrive at the Steamship at least 20-minutes early for all away games. We will discuss what time we will be there for all home games. Please remember you are representing Martha's Vineyard and the cheerleading team. Please present yourself as a role model and extension of MVRHS.

As a student athlete, please remember you are representing your school, community, and MVRHS. This means abiding by all school rules and policies whether you are in school, at the field, on the bus, or in the community, you represent all of us. Please make sure to remember this, especially when on the field and on the Steamship. Bullying, being disrespectful, and foul language will not be tolerated. We are a team, and we will always respect one another. If there is an issue that arises and needs to be discussed, I will pull those involved in for open dialogue and conversation for these issues to be rectified. There will be no exception to complete adherence to all drug and alcohol policies for all members of the team.

Let's Go Vineyard!

Coaches Tiffany, Lori, and Kaitlyn