

Martha's Vineyard Regional High School Athletics Handbook

I. MVRHS Athletic Department Philosophy

Mission Statement – The purpose of the MVRHS athletic program is to teach and reinforce sportsmanship, discipline, confidence, healthy habits, right effort, teamwork, community pride, integrity, leadership and playing by the rules. MVRHS athletes are scholars and good citizens first, and strong competitors second. Our goal is to help develop our athletes to become productive young adults and teach lifetime skills.

II. AVAILABLE SPORTS PROGRAMS

Our athletic programs are an integral part of our curriculum and are supported by the MVRHS school committee. Although we cannot offer all sports, we do offer a wide variety of programs to choose from. Most programs offer varsity and sub-varsity levels of participation.

Fall Sports	Winter Sports	Spring Sports
Cheerleading *	Basketball **	Baseball
Cross Country	Ice Hockey	Lacrosse
Field Hockey	Indoor Track	Tennis
Football*	Swimming	Sailing
Golf	Wrestling	Softball
Soccer		Track
Unified Basketball		Unified Track

* Varsity only

** A freshman team is available (boys team only)

Varsity Participation:

At the varsity level we focus on healthy positive competition and winning. However, we do not condone a “Winning at all costs” approach. We expect varsity athletes and their parents to be sincere in their commitment to the sport and the team and be mindful of practice and game schedules to insure full attendance. Coaches will set their own team rules, so long as these rules do not contradict the athletic department philosophy, school rules and code of conduct or MIAA rules. Game participation is not guaranteed at the varsity level where fielding a competitive team is the goal. Coaches decide who plays and when. It should be noted that playing time at the varsity level may be limited by some members of the team. Players and

parents must respect the decisions made by the coach about playing time. Opportunity to discuss the status of team member's playing time is best discussed in private between the coach, player and parent. Team size will be determined by the coach to allow the athlete to successfully develop the skills of all members of the team within the practice and game time provided. Seniors are only allowed to participate at the varsity level. Sub-varsity participation by a senior must be approved by the athletic director and the league.

Sub-varsity Participation:

Sub-varsity levels are focused on player and program development. Sub-varsity coaches teach rules and skills of the game and are committed to participation over winning. As much as possible, sub-varsity programs will include all players who try out for the team. However, due to travel, equipment restraints and coaching availability, cuts may have to be made. A prospective player who is cut from a team will be informed verbally by the coach in a timely manner. The coach will inform prospective players areas of development to improve for the future. Coaches will make themselves available to address any additional questions or concerns. Any player who is cut from a team will always have the opportunity to try-out the next season that the sport is offered. Playing time at the sub-varsity level may not be equal but all members of the team, over the length of the season, will be given the opportunity to play. Coaches will make every attempt to get players into every contest.

III. REGISTRATION AND CLEARANCE FOR ATHLETICS

In order to participate in sports at MVRHS, each student must complete and submit the following prior to participation:

- **Register on Family ID:** Each athlete must register for a sport on Family ID. This must be completed each season. The link to Family ID may also be found on the MVRHS website Athletics page. <https://www.familyid.com/marthas-vineyard-regional-high-school>
- **On-line Medical Information Form** - Beginning 2017-18 school year **all** students will need to create a FamilyID account and complete the general school medical information. (This will replace the Data Verification form current students were required to complete). You will get notification from the school that will assist in completing this process. All student athletes will have had to complete both the school medical registration and sport registration prior to the first day of practice. School registration is now open. Sport registration dates, see below.
- **Sports Physical:** MIAA Regulations require that athletes have a current sports physical while playing sports. In order to be cleared, a sports physical must have been completed within the last 13 months and must indicate that the student is cleared to participate in sports or competitive athletics. The sports physical must remain current throughout the season. If a sports physical expires mid-season, the student athlete will become ineligible. The dates of the last sports physical on file with the School Nurse may be found on Plus Portal under Demographics. The sports physical must be turned into the School Nurse or Athletic Trainer.

PLEASE CHECK EXPIRATION DATES ON ALL SPORTS PHYSICALS

- **SWAY Baseline Test:** All athletes must take the SWAY Baseline Test. Pre-season testing sessions are available so that athletes do not miss practice time. The athletic trainer will work with coaches to schedule testing times.

The process of sports clearance takes several days. Please register early so that the student athlete can be cleared in time for the first day of practice. Registration opens 3-4 weeks prior to the start of the season.

Fall Sports Start – Football 3rd Thursday of August. All other sports the 4th Thursday in August.

Winter Sports Start – Monday after Thanksgiving

Spring Sports Start – 3rd Monday of March

IV. ACADEMIC AND BEHAVIORAL ELIGIBILITY

- Upon issue of the most recent report card the following conditions must be met: ● Students must be issued a grade for each class on their schedule (no incomplete grades).
- Students must have passed the equivalent of four major courses.
- Students must have an overall average of 70% or greater for their combined course average (TA's, independent studies and support classes will not be used for eligibility).
- In fairness to all participants, academic eligibility is determined before the first scheduled game, match or contest. If a student becomes academically ineligible during the season, they will not be allowed to participate, and will be notified by either their coach or the Athletic Director. Any exception to this rule has to be approved by the Principal, Head Coach and the Athletic Director. Under no circumstances may an ineligible student play in any MIAA scheduled games.

Our school's eligibility requirements for participation in any school activity include those of the Massachusetts Interscholastic Athletic Association (MIAA) for interscholastic athletics. A student cannot at any time represent a school unless that student is taking courses which would provide credit equivalent to four one year English courses. A student remains eligible by passing **four courses for the previous quarter. In addition, any student who does not have final passing grades in four courses for the previous school year (combining two half year courses to count as one full year course) (final passing grades of courses taken during the spring semester may be achieved in summer school) may not participate in activities until the report cards for the first quarter of the new school year are distributed.** The date of eligibility, reinstatement or ineligibility is the date on which report cards for the previous quarter are distributed to all students. The school rule requires a student to pass four courses during the 4th quarter to be eligible for activities in the summer or the first quarter of the following school year.

Students who are not passing their classes at the end of the fourth week of each quarter will be published. Students whose names appear on this list will be on activities probation and shall be counseled by any activity supervisor. Any student who becomes academically ineligible will not be permitted to participate in any after school or off-Island school-sponsored activity. This period

of ineligibility will continue until the next report card is issued. This ineligibility would extend to all sports and intramural participation.

If a student is absent for any part of a school day, the student may not participate in a practice, team event or game on that day unless an excused absence is provided.

In Good Standing:

To maintain good standing students will:

- Honor the commitment to the team. If this occurs, the student athlete must communicate to the coach and AD prior to leaving.
- Care for and return all school equipment/uniforms in a timely manner.
- Be a model student free of disciplinary issues that negatively affect eligibility.
- Serves all consequences for minor disciplinary infractions.
- Be present in ALL classes
- Will honor all hazing, bullying and harassment policies to ensure positive culture and safety of the team.
- Honor team dismissal and driving expectations
- Attend all practice and games
- Only when absolutely avoidable, students may miss practice or games with coaches permission.

Failure to comply with the above responsibilities will jeopardize the athletes ability to remain in good standing.

ATHLETIC DEPARTMENT ACADEMIC POLICY

The athletic department defines our team members as student/athletes, STUDENTS first and ATHLETES second. We acknowledge that playing a sport at Martha's Vineyard Regional High School is a huge commitment. Team members will miss school classes almost weekly, have long days when traveling and most weekends there are either practices or games to be played. Students who are scheduled to be traveling on any given school day will miss class. It is the student's responsibility to turn in any homework or projects prior to the dismissal time on the day of travel. If a test is scheduled the period the student will be missing, it is the student's responsibility to schedule a time for the make-up with the classroom teacher prior to their leaving.

The athletic department and its coaches firmly believe that academics are the priority, therefore the following protocol is in place to help the students and parents understand this philosophy.

- If a student/athlete is in need of making up class work, making up a test or getting extra help from a teacher, they can do so in flex and study halls.
- If the team is scheduled to practice then the student/athlete will be excused from that part or entire practice and it will be considered an excused absence.
- The student/athlete should return to practice with a note from the teacher excusing them due to the after school extra help. The note should be dated and have the time the session ended.

- If the student/athlete gets out of the after school help, and practice is still in session, they shall report to practice and participate in the remainder of that practice session. If they do not return to practice, when they could have, then that part of practice may be considered unexcused.
- If possible, the student/athlete should try to inform the coach ahead of time so the coach knows why they are not at practice.
- A student/athlete will not be punished or lose playing time due to getting after school academic help for the time missed.

V. ABSENCE, TARDINESS, DISCIPLINE

In order to be eligible to participate in daily practice or a game the following conditions must be met:

- Students must be signed into school **before** 8:00 AM.
- Students must be present and not on the absent/tardy/dismissal list.
- Students must not be suspended out-of-school (OSS) or in-school (ISS).
- Students must serve detention for that day but may participate after detention is served if practice is still in progress.

Coaches will check the daily attendance list sent out by the attendance secretary for names of players and respond accordingly. When a team conducts an early morning practice before school, a violation of this policy will result in a student being ineligible to participate in practice or a game the next day.

When a student is informed of the consequences of an attendance policy violation, the student's only recourse is to discuss the issue with the Athletic Director, or an Assistant Principal in the Athletic Director's absence.

Any student who participates in a practice or game after an attendance policy violation, which has not been cleared by the Athletic Director, or an Assistant Principal in the Athletic Director's absence, will be subject to further athletic consequences.

CUT LIST

A student is responsible for attending all assigned classes during the day, unless the athlete has an appropriate excuse (guidance appointment, etc). If a student appears on the daily cut list, the athlete may not participate in after school sports that day. It is possible the detention will also cut into practice or game attendance, and that is not considered double punishment on the part of the school. Coaches should check the daily cut list to ensure they are on top of cuts.

ATTENDANCE OBLIGATIONS FOR TEAM MEMBERS

It is expected that all students on team rosters will be on time for every practice and game. Absences will affect playing time. Unexcused absences are grounds for dismissal. Excusable absences are academic, religious, medical or family-emergency.

VI. CHEMICAL HEALTH POLICY

MVRHS has a firm stance on the health and well being of our students. It is our expectation that students will be present and engaged while at school. In addition, we believe that students must adhere to the standards set by the MIAA in regards to chemical health. The role of the school's administration is to support and enforce the rules set forth by our state association of athletics. In accordance with those rules, the principal or administrative designee will investigate all violations in which are presented to them. If a student is found to be in violation of the chemical health policy, the principal and administration will implement any penalties consistent with the requirements of the policy.

- **From the first allowable day of fall practice, through the end of the academic year or final athletic competition of the year, whichever is later**, a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; vaping; or any controlled substance. This policy includes products such as "NA or near beer". It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by the athlete's doctor. This rule represents only a minimum standard upon which schools may develop more stringent requirements. This MIAA statewide minimum standard is not intended to render "guilty by association", e.g. many student athletes might be present at a party where only a few violate this standard.
- If a student in violation of this rule is unable to participate in interscholastic sports due to injury or academics, the penalty will not take effect until that student is able to participate again.

PENALTIES (MINIMUM)

- First violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling 25% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation. All decimal part of an event will be truncated i.e. All fractional part of an event will be dropped when calculating the 25% of the season.
- Second and subsequent violations: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling 60% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs. All decimal part of an event will be truncated i.e. All fractional part of an event will be dropped when calculating the 60% of the season.
- If after the second or subsequent violations the student of his/her own volition becomes a participant in an approved chemical dependency program or treatment program, the student may be certified for reinstatement in MIAA activities after a minimum of 40% of events. The director or a counselor of a chemical dependency treatment center must

issue such certification. All decimal part of an event will be truncated i.e. All fractional part of an event will be dropped when calculating the 40% of the season.

- Penalties shall be cumulative each academic year. If the penalty period is not completed during the season of violation, the penalty shall carry over to the student's next season of actual participation, which may affect the eligibility status of the student during the next academic year.

VII. CAPTAINS

Captains are considered leaders in the school and will be held to a higher standard and will be considered role models for others. Election of captains is done by the coach. A coach may use his/her own model for selecting captains but whatever process is used captains must abide by the following:

- Can not be suspended from school while holding his/her captaincy
- Must follow all team, school and MIAA policies and procedures. Captains who violate these rules will lose their position as captain.
- If during one season a captain were to lose their captainship due to rules violations, that will preclude them from being a captain of any other sport that year.
- Captains are role model citizens within both the school and island community. Captains will be respectful at all school events.
- Captains will be active within their team to hold their teammates to appropriate standards of behavior at school event and activities.
- Any chemical health violations will preclude the individual from holding a captainship during their tenure as the school.
- Captains will act as a liaison between the team and the coaching staff.
- It is suggested that captains take the NFHS Captains course.

<http://nfhslearn.com/courses/61028/captains-course>

VIII. AWARDS

Players who remain on the team and 'in good standing' by the end of the season qualify for awards and team recognition. Players who compete at different levels may qualify for different types of recognition at the end of the season. Each varsity team is given the opportunity present awards to recognize excellence in their sport.

Letter winners

Letter winners are determined by the coaching staff. A coach may give a letter to any varsity athlete. The coach may use a formula to award letters or they can award one for any reason. A letter consists of the following:

- A chenille "V". Athletes are awarded only one "V" during their high school career. ● A letter certificate for all letters awarded.
- A pin for each letter awarded during their career.

Participation Certificate

All players who play a sport and are not awarded a letter will receive a participation certificate.

Plaque awards

Each team will be given the opportunity by the school to present team awards. The coach can determine the name of each award and who to present it to.

At the end of each school year the Athletic Department will award the following awards to a senior male and a senior female:

- Sportsmanship Award
- Most Athletic in Competition
- Most Athletic in Academics
- Unsung hero/heroine Award

IX. CONFLICT RESOLUTION

Within two days the parties in conflict gather all information from involved parties, and if a meeting with the coach is requested it must be scheduled through the **Athletic Director: 693-1033 ext. 123**. If resolution has not been achieved at this information gathering stage, the following steps shall be followed: (All steps are to be accomplished within 2 school days in the following sequence.)

Step 1 Meet with coach(s) and parent/guardian, or advocate and player.

Step 2 Meet with athletic director, coach and parent/guardian.

Step 3 Meet with athletic director in addition to above parties. At this meeting the athletic director will inform all parties of the school's right to due process procedure as stated in this handbook.

All steps will focus on resolving the issue and bringing the conflict to closure.

X. DRESS CODE

The minimum dress code includes shoes, dress pants or slacks, a dress or skirt, and a collared or a polo shirt. Uniforms or team warm ups are also acceptable. When traveling with a team the student and the student athlete's parents should consider dress that is appropriate for school. Coaches will decide and communicate to the team an appropriate dress code for travel, practice and games. Students shall not change on buses or in public view.

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XI. DISMISSAL FROM TEAM

A coach, in consultation with the Athletic Director, may make a decision to remove a player from a team if that player is unable to meet the expectations of appropriate team participation according to this handbook, MIAA rules or team rules. In these situations, the coach will make all efforts to contact the parent through the contacts provided in advance of informing the

student. The coach will make all efforts to meet with the student, with or without the parent based upon the parent's discretion. The coach will share why the player is removed from the team to the student

If a coach requests dismissal of a student from the team or if a student quits the team any time after the first game of a season, the coach must notify the Athletic Director and parent/guardian immediately. The Athletic Director or coach will also inform the Principal of any student dismissal. If the parents/guardian would like to contest the dismissal they shall follow the proper steps. Please refer to "Conflict Resolution" section IX.

XII. QUITTING

If a student quits a team prior to the issuing of equipment and prior to the first game a student may choose another sport that season. If they quit after the first scheduled game, match or contest they are ineligible for that sports season. In order to become eligible for subsequent sports seasons, the student must meet the definition of "Good Standing". It shall be the decision of the Athletic Director or Principal whether to preclude a student from participating in the next sport season.

XIII. TEAM RULES AND EXPECTATIONS

All coaches will send home their own team expectations at the beginning of the season. Student-Athletes are responsible for abiding by all reasonable requests and rules of individual coaches, so long as these requests do not conflict with the philosophy and rules outlined by the MIAA and the MVRHS Athletic Handbook. If a student or parent is concerned about the rules and requests of an individual coach, they should first address the concern with the coach and if it isn't resolved, raise it with the Athletic Director.

XIV. TRANSPORTATION

All student-athletes are encouraged to travel to the boat on the school bus. Appropriately licensed athletes may travel to the boat in their own car, however, they may not drive any other student from school to the boat. Students shall park legally when leaving their car near the boat for a match. Once the boat returns to the Vineyard after the game/match, students may travel home together, provided they hold the appropriate driver's license. Self-driving students leave the school at the determined early dismissal time by the Athletic Director. In order to maintain the privilege of driving oneself, a student honors this privilege or they may face further school disciplinary action.

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All students must take the bus from the boat to the match/game and back again unless there is written permission from the parent and prior approval from the coach, AD and school administration.

Boat and Bus Expectations

As representatives of our school and of their team, student athletes shall demonstrate good

conduct on the boat and the buses that transport the teams to the games. We ask that they are respectful to the other passengers, employees and the rules on the boat/bus, and that they pick up after themselves.

XV. COACHING EXPECTATIONS/ TRAINING

Coaches guide, provide feedback and give direction. They steer their programs with pride and vision, and they reinforce the day to day expectations that make teams great. Coaches positively challenge their players, hold them to high expectations, and provide opportunities for them to develop their technique and their character. As leaders in the MVRHS athletic program, the school expects coaches to model respect toward opponents, officials, their players, spectators and rules of the sport, the MIAA and the school.

Off the field the coach is responsible for communicating with the team, parents and school administration, scheduling practices and games, fulfilling administrative duties affiliated with the team, ordering equipment, acting as a liaison with the booster club, supervising teams during travel and while at school. MVRHS has produced a *Coaches Handbook* to assist coaches in their role as coach. As outlined in the handbook, we request that coaches have at least two ways to communicate with students and families, and provide the members of their team with two ways to communicate with them. Coaches make themselves available for athletes to come to them, without penalty, if problems or issues arise.

Coaches shall be the leaders of communications around team decisions, requests, meetings, etc. When appropriate, the coaches will send out communications to parents, such as a welcome letter/information packet with details about practice times, attendance expectations and team rules.

MVRHS believes that coaches are powerful figures in the lives of students. All of our coaches are trained by MIAA in order to receive proper coaching certification. This training addresses physical and social wellbeing, MIAA rules and expectations, and best practices in leading an effective team. Additionally, our administration meets seasonally with all coaches to review MVRHS specific rules and expectations. We are exploring new ways to offer on going Professional Development to further deepen the practice of our coaching staff.

Parents, coaches and athletes will be surveyed in a general sense in order to provide our coaches and administration feedback about the program. This data will inform policy and practices.

We ask parents to inform the school administration (athletic director, principal) if there are any specific concerns or issues. The school will investigate the matter and take action accordingly. Please refer to section IX: Conflict Resolution for additional information on this.

XVI. ROLE OF THE PLAYER/TEAMMATE

At MVRHS, we will make the difficult decisions necessary to maintain integrity on our teams and hold all involved to the standards we expect from one another. If players are to feel pride, they must trust that membership on a team is meaningful. Good teammates play by the rules and understand the notion that their actions and decisions represent the whole team and the school. Through their behavior, they demonstrate respect to their team and the sport. Good teammates step up and assume responsibility when they make errors and they accept the consequences as a by-product of the game. Good players respect their coaches, their teammates, their opponents, their body's health and the rules of sport/MIAA. Coaches welcome feedback from their players, all players can approach a coach for any reason to discuss issues that are important to them without fear of retribution.

XVII. UNIFORM ROTATION

All teams will be provided uniforms by the school, unless there is prior agreement with a Booster Club (Hockey and Football). Uniform purchasing is on a four-year rotation. Generally, the JV team will receive the former varsity uniforms and use them for year 4-8 of the uniform cycle. Students are responsible for the care of their uniform during the season and must return them at the end of the season in order to remain "In Good Standing" with the MVRHS Athletic Program. If a student fails to return school owned uniforms or equipment, they may be prevented from any further team participation.

XVIII. ATHLETIC TRAINER

MVRHS employs a highly qualified athletic trainer who is responsible for the day-to-day treatment and rehabilitation of our student athletes. Any injury that occurs during a practice or game shall be reported immediately to the athletic trainer. The Athletic trainer will determine the course of action for managing the injury acutely and follow-up. Any parent who has noticed their child has been injured should contact the athletic trainer to report the injury. During all game or practice activities it is the athletic trainer's sole decision whether to return a player back to play that day per MIAA rule 56.2.

Whenever a medical person is on duty at an athletic event, the trainer shall be responsible for both teams (unless the other team has its own medical person present). The trainer's judgment will be final with regard to the condition of a player after injury. Physical disqualification by the medical person renders the student ineligible. The penalty for playing an ineligible student is forfeiture.

XIX. SPORTSMANSHIP

The foundation for a successful athletic program is cohesiveness between parents, coaches, players and the school administration. Our role as the administration of the athletic program is to offer a safe, positive experience for our students and community. Part of the privilege of attending an athletic event as either a participant or spectator is to do so in a positive manner.

The role of spectators is not a passive one. Spectators shall not only come to enjoy a sporting event but to also cheer on their respective team. Cheering in a positive manner helping the team to victory is the only acceptable form of cheering. Please see below for fan expectations while attending athletic events at MVRHS:

XX. ROLE OF THE PARENT

A partnership among parents, coaches, and players provides the foundation for a student's experience in an MVRHS team. Parents should make all efforts to attend scheduled coach/parent meetings. Since open and effective communication is key to a cohesive team, we ask that parents provide the coach with a reliable means to communicate so that he/she can share information about the expectations and logistics of the program. If issues or concerns arise, please encourage your athlete to take the initiative to speak with the coach at an appropriate time (not right after a game unless the child is in immediate danger). Please do not publicly criticize the coach or teammates. It is crucial to the team's success that our players develop respect for their coach. Support your child in doing their best at whatever level they participate.

XXI. ROLE OF THE BOOSTER CLUB

Booster clubs help raise team spirit and help subsidize our athletic programs. They are an outlet for parents to help shape the teams their children participate on. We look to our boosters to help increase pride and participation in all of our athletic teams. Logistically, boosters and coaches should work together to determine what supplies the school will supply and what boosters will fundraise for. Please note, contribution to the boosters cannot be a prerequisite for team participation or playing time. Best practices and for booster work include:

- Organize team building events such as breakfasts and dinners
- Paying for equipment that may not be provided by the school.(i.e. Team sweats)
- Collaborate with coaching staff and AD to inform any long-term investments in the program (scoreboard, banners, goals)
- Collaborate with coaching staff and AD to help promote positive and collegial atmosphere at games and competitions

XXII. MVRHS SCHOOL ADMINISTRATION

The administration of Martha's Vineyard Regional High School fully supports its athletic program. The athletic director, principal, superintendent and school committee provide a safe, supportive, and educational environment for our student athletes to succeed. However, if it were not for the entire Martha's Vineyard community these goals could not be accomplished. The school administration's role is to schedule games, officials, provide transportation both on and off island, enforce school academic standards, school policies, follow and enforce the rules set forth by the Massachusetts Interscholastic Athletic Association. If an issue arises in which a student or parent has a concern the administration has outlined a procedure "Conflict Resolution" to follow (outlined in this document). The coach, athletic director, principal, and superintendent are more than willing to hear concerns or issues that arise and at no time will a player or parent be penalized for bringing forth a concern. It is our goal to provide a consistent environment for all student athletes to participate.

Fan Expectations and Code of Conduct

1. I understand that the game is for the youth, not the adults.
2. I will learn the rules of the game to better understand all situations that arise. 3. I will show and encourage sportsmanship by leading by example.
4. I will respect and be courteous to other fans, players, coaches and officials. 5. I will respect and adhere to all rules of MVRHS and the MIAA.
6. I will not practice or encourage behaviors that are detrimental to the health and well being of players and people around me.
7. I will cheer positively for the team I support.
8. I will not direct derogatory remarks towards the opposing team, officials or coaches. 9. I will not directly identify a member of the opposing team. Using names or numbers to direct comments is not permitted.
10. I will act as a role model for the youth of our community by behaving appropriately at all school activities I attend.
11. Parents are required to accompany any child under the age of 13 to all high school athletic events. The MVRHS event administrators can not be held responsible for watching over the activities of unsupervised children.
12. I also agree that if I fail to abide by the aforementioned rules and guidelines, I could receive:
 - a. Verbal warning by official, head coach, and/or administration
 - b. Written warning by administration
 - c. Denial of entry