## October 2024

Fresh Fruit, Salads, Soups & Sandwiches available daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
REGIONAL HIGH SCHOOL	CHEESE OR PEPPERONI PIZZA & CAESAR SALAD	2 MAC N CHEESE W/ BROCCOLI	TACO BOWL W/ BEEF, RICE, BEANS, & CORN	BACON-CHICKEN WRAP W/ CHIPS
BREAKFAST FOR 7 LUNCH FRENCH TOAST, HOMEFRIES, SAUSAGE	PASTA W/ MEATBALLS & MIXED VEGETABLES	CHICKEN QUESADILLAS WITH RICE & BEANS, CORN	CHEESE OR PEPPERONI PIZZA & CAESAR SALAD	11 no scHool
14 no scHool	CHEESE OR PEPPERONI PIZZA & CAESAR SALAD	FEIJOADA STEWED PORK & BLACK BEANS RICE, KALE SALAD	slow roasted 17 pulled pork sandwich, chips, mixed vegetables	PESTO CHICKEN PASTA, VEGETABLES
BREAKFAST FOR 21 LUNCH FRENCH TOAST, HOMEFRIES, SAUSAGE	CHEESE OR PEPPERONI PIZZA & CAESAR SALAD	CHICKEN CURRY, RICE, ROASTED VEGETABLES	BEEF LASAGNA ROASTED VEGGIES	RICE BOWL BEEF OR VEGGIES, BEANS, SALSA, GUACAMOLE
BREAKFAST FOR 28 LUNCH FRENCH TOAST, HOMEFRIES, SAUSAGE	CHEESE OR PEPPERONI PIZZA & CAESAR SALAD	PASTA W/ MEATBALLS & MIXED VEGETABLES	CHICKEN TENDERS AND FRENCH FRIES	This institution is an equal opportunity provider