

TEAM RULES

ELIGIBILITY/REQUIREMENTS

REGISTRATION

No student athlete may practice, train, or play without having a current MVRHS Student Eligibility Form on file and a complete physical as required. Baseline tests will be required by the School.

EQUIPMENT

All skaters must provide their own protective gear. Always have a back up stick and a back up pair of skate steel. We will provide uniforms, team helmets, gloves, shells, practice uniforms.

GAME PLAYING TIME

Players will be continually evaluated upon their work ethic, attitude, and individual skills.

Playing time is not equal and is earned.

There may be players that dress for games and players that don't dress for games.

Coaches will communicate effectively and have all players aware of their role, and their expectation for playing time before any game.

If a parent has a question or concern about playing time and wishes to discuss with the coach, email, or text the coach and we will set up a time within 24 hours to have a conversation.

ATTENDANCE

Attendance at ALL practices, dryland, meetings, film sessions, or any other team organized events and games are mandatory.

If an absence is to occur, the coaching staff must be notified prior to the start of team activity by the PLAYER (verbal communication in person or on the phone is preferred).

Excused absences:

- Family or personal emergency (per coach's discretion)
- Funeral
- Illness: call the Coach to inform at least 1 hour prior to practice. If a player is continually ill and not at practice, she may not be prepared for game situation
- Injury: if a player is late to practice due to a doctor appointment or trainer appointment, the player must call the Coach beforehand and bring a note to practice
- School: makeup test or work after school will only be excused if the player brings a note from the teacher stating that after school practice time was the teacher's only option for the makeup work. Players must attend the remainder of practice. Players are expected to be organized and accountable to efficiently balance academics and athletics.

Unexcused absences:

- Missing a team function without notification
- Appointments during team functions (non-emergency)
- Missing due to another sport – although we encourage multi-sport athletes, this is hockey season and commitment within season is expected. Off day participation on other team activities will be determined on a case by case basis, after a discussion with the player and coaches
- Vacations
- Family reunion/party

Students that participate in athletics and/or activities in MVRHS MUST:

- Be present in school for the school day in order to be eligible to participate in a practice or contest on that given day.
- Have no UNEXCUSED absences during a school day in order to be eligible to participate in a practice or contest on that given day.
- Be on time to school, if late more than 10 minutes after the first bell without a valid excuse, will result in not participating in that days event.

ACADEMICS

Our team will have a weekly study hall. Most weeks this will be on Monday's before practice. Depending on game schedules the day may change, but will always be once a week.

Grades will be checked at study hall. Coaching staff understands that grades are not always up to date, but will be checked to determine where players stand academically.

Any player with a "D" or "F" will have schedule a second study hall day with the coaches to assist in helping the player progress academically.

We will abide by the MIAA academic standards. Players must have passing grades in at least 4 academic classes in order to participate with the team.

ALCOHOL/DRUGS

We will follow MIAA chemical health policy provisions for the 1st offense.

1st offense (out of season or in season): 25% of the following team games. During that suspension the player must be with the team at all practices and team events.

2nd offense: dismissal from the team.

Any Player who knows that other Players are violating the chemical health policy has a duty to report the incident to the Coaches. The person who reports the incident will be supported and no consequences will result for coming forward. Keeping teammates accountable to themselves and to one another is one of the foremost pillars of our Team.

PROCEDURE FOR RESOLVING ISSUES/COMPLAINTS

The 24-hour rule will be used. A parent may not contact the Coach within 24 hours of the event or issue to be discussed. The Coach will not respond to a parent until after completing 1st attempt to resolve below.

1st attempt to resolve: the player will arrange to meet face-to-face with the Coach and an Assistant Coach to discuss the issue.

If still unresolved: the player will arrange to meet face-to-face with their parent(s), with the Coach, and an Assistant Coach to further discuss the issue.

If still unresolved: the player and Coach will arrange to meet with the Athletic Director to figure out a final solution.

LOCKER ROOM RULES

Parents are NOT allowed inside the locker room without permission from the Coach.

Players are responsible for keeping the locker room clean.

Discussions, actions, and language inside the locker room must be appropriate

No use of cell phone cameras/videos inside the locker room. All cell phones will be placed in the team office prior to any team event within the MV Ice Arena.

TRANSPORTATION

Players are responsible for their own transportation to and from practices, home games and local team functions.

Players must travel with the team to and from all off-island games unless a prior accommodation has been made with the Coaches.

The bus must be clean when the team arrives back at Woods Hole.

Cell phone use on the Steamship and Bus shall be limited to education and music. No video games shall be permitted.

SOCIAL MEDIA AND BULLYING/HAZING

Using social media in a manner that negatively reflects Martha's Vineyard Women's Hockey, bullying, or hazing of any sort will not be tolerated.

Anyone who knows that bullying or hazing is taking place is expected to report the incident to the Coach and/or Athletic Director as soon as possible. The person who reports the incident will be supported and no consequences will result for coming forward.

Disciplinary action against a player that engages in bullying, hazing, or inappropriate behavior through social media will apply.

SPORTSMANSHIP

Players are to be respectful of the referees, opposing players, fans, and the opposing team's coaches. Following each game, players will salute opposing players and coaches in a friendly manner. There is zero tolerance for unsportsmanlike conduct. Any inappropriate behavior will result in lost playing time.

All on-ice infractions will be governed by MIAA rules of play. Coaches reserve the right for further enforcement if deemed appropriate.

CAPTAINS

Team Captains and Assistant Captains will not be chosen before the start of a season. It is the expectation that the Team Players and Coaches will determine 2 Team Captains and 2 Team Assistants by January 1 of each year. The Coaches will work with the team to develop leadership and a process for earning a Captaincy.